
University of Pretoria Yearbook 2018

Biokinetics (2) 254 (MBK 254)

Qualification Undergraduate

Faculty [Faculty of Humanities](#)

Module credits 8.00

Prerequisites No prerequisites.

Language of tuition Afrikaans and English are used in one class

Department Sport and Leisure Studies

Period of presentation Quarter 3

Module content

*Closed – requires departmental selection

This module focuses primarily on practice directed health care to prepare the student for Biokinetics as profession. In the first place the focus is on carbohydrate and fat as energy source, the health implications for obesity and exercise as modality for the treatment of obesity. Secondly, the focus is on growth and development of the baby and adult and how exercise can influence the growth and development.

The information published here is subject to change and may be amended after the publication of this information. The [General Regulations \(G Regulations\)](#) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the [General Rules](#) section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.